



IMMEDIATE RELEASE

FOR

"Forest Bathing" by Erin Thibault Galerie Old Chelsea, Chelsea, Quebec June 30 to July 19, 2023, Wednesday to Saturday - noon to 6 pm; Sunday - 12 to 5 pm Vernissage: Thursday, June 29, 3 to 6 pm

Galerie Old Chelsea is pleased to present the impressionistic paintings by Erin Thibault, a collection of paintings that is inspired by her love of trees and the forest. On her daily walks in the forest, she observes the smallest of details, the shades of the rocks beneath the water, the fluorescent moss coating the trees and then, that barred owl, the deer with her young, sometimes a marten. We forget that the forest is their home and that we are honoured to share it.

Thibault is blessed to be able to enjoy this beauty daily, knowing how fortunate she is to also call this place home. "I believe being in nature is essential to our well-being. The forest breathes out and I breathe in. Preserving these spaces, no matter how small, is more vital than ever" she tells us "so that the beauty of local forests can be enjoyed for generations to come. It is vital that the wildlife we share this space with can keep living in their appointed home".

Thibault's abstract pieces are expressions of the peace and oneness that she feels when she is out in the forest talking to trees. Erin Thibault is also well-known for her paintings of big skies. Her paintings are found in many Canadian and US collections. She also exhibits in Florida.

Erin with donate 5% of all her show sales to Action Chelsea for Respect of the Environment (ACRE). Galerie Old Chelsea is a collective of regional artists located in the beautiful Gatineau Hills above award-winning Les Fougères restaurant situated at 783 route 105, Chelsea, Québec, J9B1P1.

<u>www.galerieoldchelsea.ca</u>; Facebook: Galerie Old Chelsea (on Route 105, not on Scott) & Instagram. For information contact Anne Swiderski at 819 827 8504 <u>swiderski.anne@gmail.com</u> or Marianne Feaver at <u>esdfeav@hotmail.com</u> 613 748 7528